

**MILAM'S**  
MARKETS

**40** YEARS

EXPERIENCE THE DIFFERENCE  
Miami's Family Grocer Since 1984

Find more weekly savings  
in store or online:  
[MILAMSMARKETS.COM](http://MILAMSMARKETS.COM)



## THE BEST OF THE BEST!

Our popular USDA Prime boneless top sirloin steak is firm in texture and makes an exceptional meal. This highly flavorful steak is ideal for broiling, pan searing, or grilling.

USDA PRIME, BONELESS  
**Top Sirloin Steak**

**40%**  
off

AD PRICE: \$8.39 LB  
SAVE \$5.60 LB



USDA INSPECTED PORK,  
FRESH, BONELESS  
**Pork Tenderloin**  
2 ct. Pkg.

**2.99** LB  
SAVE \$3.00 LB



Imported from  
Argentina  
**TRAPICHE**  
OAK CASK  
**Malbec**  
750 ml.

**BOGO**  
SAVE \$13.99 ON 2



BOAR'S HEAD  
**Honey Maple  
Glazed Ham**

**9.99** LB  
SAVE \$3.30 LB



DRISCOLL'S  
**Raspberries  
or  
Blackberries**  
6 oz. Pkg.

**3/\$10**  
SAVE \$4.97 ON 3



SWEET  
**Yellow Corn**  
**5/\$2**

SAVE \$4.45 ON 5

BETTER QUALITY MEATS - BETTER VALUE!



Certified Angus Beef LLC



EXCELLENT VALUE + BIG FLAVOR!

This is a lean, super versatile cut of beef that can be used to prepare a marinated London Broil or cut down into kabobs, stir-fry, fajita, also outstanding for roast beef sandwiches. For the best eating experience, slow cook and slice thinly across the grain.

USDA CHOICE BEEF ROUND

**Top Round  
Steak**  
for London Broil

**6.99** LB  
SAVE \$2.00 LB



USDA INSPECTED,  
FRESH, WHOLE  
Pork Spareribs  
**3.99** LB  
SAVE \$1.00 LB



USDA INSPECTED PORK LOIN,  
FRESH, BONE-IN  
Mixed Pork Chops  
**2.99** LB  
SAVE \$1.50 LB



USDA INSPECTED PORK LOIN,  
FRESH, BONE-IN, THICK CUT  
Pork Loin or Rib Chops  
**3.99** LB  
SAVE \$2.00 LB



USDA INSPECTED, FRESH  
80% Lean  
Ground Chuck  
**4.99** LB  
SAVE \$1.70 LB



USDA PRIME  
Thinly Cut Beef Tip Steak  
**6.99** LB  
SAVE \$2.50 LB  
Beef Tip Roast - \$5.99 LB  
SAVE \$2.00 LB



PLAINVILLE FARMS  
Organic  
Ground Turkey  
1 lb. Pkg.  
**8.99**  
SAVE \$2.00



THOUSAND HILLS  
LIFETIME GRAZED,  
100% GRASS FED BEEF  
Sirloin Cap (Picanha)  
**12.99** LB  
SAVE \$2.00 LB



THOUSAND HILLS  
LIFETIME GRAZED,  
100% GRASS FED BEEF  
80% Lean Ground Beef  
1 lb. Pkg.  
**7.99**  
SAVE \$2.50



USDA INSPECTED PREMIUM,  
FRESH, BONELESS  
Chicken Cutlets  
or Tenders  
**4.99** LB  
SAVE \$2.00 LB

SUPERIOR SEAFOOD



PATAGONIA SEAFARMS  
FRESH, FARM RAISED

**Atlantic  
Salmon Fillet**

**10.99** LB  
SAVE \$2.00 LB



FARM  
RAISED

USDC INSPECTED, FRESH  
**Tilapia Fillet**

**7.99** LB SAVE \$2.00 LB



USDC INSPECTED, FRESH  
**Whole Branzino**

**9.99** LB SAVE \$3.00 LB



USDC INSPECTED, FRESH  
**Whole Trout**

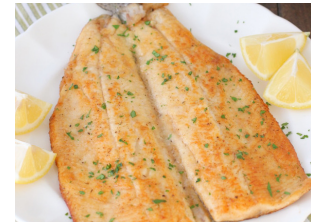
**9.99** LB  
SAVE \$3.00 LB



WILD

USDC INSPECTED  
**Swordfish Steak**

**15.99** LB  
SAVE \$3.00 LB



USDC INSPECTED  
**Butterflied Red Trout**

**10.99** LB  
SAVE \$2.00 LB



USDC INSPECTED, PREVIOUSLY  
FROZEN, EXTRA LARGE,  
PEELED & DEVEINED

**White Shrimp**

Tail On, 16/20 ct.

**10.99** LB  
SAVE \$3.00 LB



WHOLEY FROZEN  
**Breaded Calamari  
Rings 8 oz.**

**4.99** SAVE 80¢



WILD

USDC INSPECTED, REFRESHED  
**Cod Fillet**

**11.99** LB  
SAVE \$3.00 LB



USDC INSPECTED,  
PREVIOUSLY FROZEN

**Snow Crab Leg Clusters**

**12.99** LB SAVE \$3.00 LB



USDC INSPECTED,  
PREVIOUSLY FROZEN

**Lobster Tails** 4-5 oz. Average Size

**7.99** EA SAVE \$3.00 EA



MADE FRESH DAILY  
BY OUR SUSHI CHEFS



FRESH  
**Tempura  
Shrimp Roll**

**10.79**  
SAVE \$1.00



FRESH  
**Tuna Poke  
Rice Bowl**

**11.99**  
SAVE \$1.00

FARM TO TABLE FRESH PRODUCE

**BURSTING WITH FLAVOR!**

These berries are a recipe for sweetness whenever you have them. They're sweet, juicy, and absolutely perfect for sharing.

**DRISCOLL'S Raspberries or Blackberries**

6 oz. Pkg.

**3/\$10**

**SAVE \$4.97 ON 3**



**Mangoes 4/\$5**



**CALIFORNIA Navel Oranges 1.69 LB**



**Cluster Tomatoes On the Vine 1.99 LB**



**DOLE GOLDEN RIPE Cored Pineapple 3.99 EA**



**Hass Avocados 3/\$5**



**FANCY Eggplant 1.59 LB**



**Rainbow Peppers 3 ct. Tray 4.99**



**FANCY Yellow or Green Squash 1.69 LB**



**EUROPEAN Seedless Cucumbers 2/\$3**



**RED, YELLOW OR ORANGE Gourmet Peppers with Stems 3.49 LB**



**DOLE GOLDEN RIPE Freshly Chunked Pineapple 3.99 LB**



**SUNSET Zima Tomatoes Pint 3.49**



**GREEN GIANT FLORIDA Red or Yukon Potatoes 5 lb. Bag 3.99**



**FRESH EXPRESS Chopped Salad Kits Assorted Varieties, 9.1-11.6 oz. 4.99**



**PERO FAMILY FARMS Broccoli Florets, Broccoli & Carrots or Broccoli & Cauliflower 12 oz. Bag 2.99**

WE CARRY OVER 200 VARIETIES OF ORGANIC PRODUCE!



Navel Oranges

3 lb. Bag

**5.99**



Honeycrisp Apples

**2.49** LB



Lemons

**89¢** EA



Cilantro Bunch

**2/\$4**



GALA, FUJI OR  
GRANNY SMITH  
Apples

**2.49** LB



BARTLETT OR D'ANJOU  
Pears

**1.99** LB



RED OR GREEN  
Leaf Lettuce Bunch

**2.49** EA



RED OR YELLOW  
Peppers

**4.99** LB



CAMPARI  
Tomatoes  
12 oz. Pkg.

**4.99**



White Mushrooms  
8 oz. Pkg.

**2.49**



ORGANIC GIRL  
Romaine Hearts  
12 oz. Pkg.

**4.49**

BEAUTIFUL BLOOMS



Dianthus  
Green Ball

5 Stems (Vase Not Included)

**9.99**



Bells of Ireland

5 Stems (Vase Not Included)

**7.99**

Lovely Green  
Bouquet

12 Stems

**19.99**

Mini Green  
Hydrangeas

5 Stems

**10.99**

Monstera Leaves

3 Stems

**9.99**

Aster Solidago

9 Stems

**6.99**

## BOAR'S HEAD PREMIUM SELECTIONS

Experience a delicious combination of flavors. Boar's Head Maple Glazed Honey Coat Ham is made with 100% pure maple syrup and golden honey baked right in.

### Honey Maple Glazed Ham

**9.99** LB

SAVE \$3.30 LB



London Broil Roast Beef

**14.39** LB

SAVE \$1.00 LB



Lemon Pepper Chicken

**11.99** LB

SAVE \$2.00 LB



Lower Sodium Provolone Cheese

**9.99** LB

SAVE \$1.30 LB



## FRESH FROM OUR KITCHEN



MILAM'S HOMEMADE

Old Fashioned Chicken Salad

**9.99** LB

SAVE \$3.00 LB



MILAM'S OWN

Tuna Salad with Cranberries

**10.99** LB

SAVE \$2.00 LB



MILAM'S HOMEMADE

Imitation Crab Meat Salad

**9.99** LB

SAVE \$2.00 LB



MILAM'S OWN

Greek Pasta Salad

**8.99** LB

SAVE \$1.00 LB



FRESHLY FRIED 8 Piece Chicken

2 Breasts, 2 Wings, 2 Drums, 2 Thighs

**7.99** SAVE \$2.30



MILAM'S HOMEMADE

FRESHLY MADE Quiche

Assorted Varieties, 8 Inch

**12.99** SAVE \$2.00

## FRESH BAKED



FRESHLY BAKED Ciabatta Bread 9 oz.

**2.99**

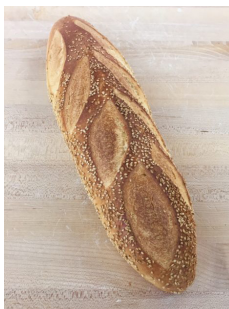
SAVE \$1.00



FRESHLY BAKED Toscano Round Loaf 24 oz.

**6.99**

SAVE \$1.00



FRESHLY BAKED Italian Bastone 8 oz.

**2.49**



MILAM'S OWN

FRESHLY BAKED Cookies Assorted Varieties, 12 ct.

**4.99**

SAVE \$1.00



MILAM'S OWN

Stuffed Baked Potatoes Assorted Varieties

**3.99** EA

SAVE \$1.00 EA



JENNIE-O Turkey Pot Roast

**5.99** LB

SAVE \$1.00 LB



EL TORO Sweet Serrano Ham

**5.99** LB

SAVE \$1.00 LB

SUB OF THE WEEK



MILAM'S OWN

FULL SIZE Tuna Salad Sub Sandwich

**7.99** SAVE \$2.00

# OVER 1,000 VARIETIES OF WINES AND BUBBLY IN STORE!



From California  
**LINE 39**  
Wines  
Assorted Varietals, 750 ml.

**7.95**

Imported from France  
**SAINT-HILAIRE**  
Brut Sparkling Wine  
750 ml. **14.95**

Imported from France  
**HECHT & BANNIER**  
Cotes de Provence  
Rosé 750 ml. **19.95**

Imported from Australia  
**YELLOW TAIL**  
Wines  
Assorted Varietals, 1.5 ltr.

**9.95**

From Sonoma County, California  
**LOUIS MARTINI**  
Cabernet Sauvignon  
750 ml. **17.95**

From Napa Valley, California  
**ETUDE CARNEROS**  
Pinot Noir  
750 ml. **32.95**

## THE LARGEST SELECTION OF BEERS FROM AROUND THE WORLD!



**CORONA**  
Imported Beer  
Assorted Varietals,  
12/12 oz. Bottles or Cans **16.99**



**STELLA ARTOIS**  
OR MICHELOB  
GOLD  
Beer  
Assorted Varietals,  
12/11.2-12 oz.  
Bottles or Cans  
**16.99**



**ESTRELLA DAMM**  
Beer  
6/12 oz. Bottles or Cans  
**BOGO**  
SAVE \$11.39 ON 2



**FROM: MIAMI**  
**MIA BREWING CO.**  
Beer  
Assorted Varietals,  
6/12 oz. Cans  
**9.99**

WE ♥ LOCAL



2991 SW 32 AVENUE, COCONUT GROVE, FL 33133  
(305) 455-3403

Located next to the Milam's Market & Home Depot of Coconut Grove



Imported from Guatemala  
**COCONUT**  
CARTEL  
Rum **29.95**  
750 ml. **SAVE \$4.00**



Imported from Mexico  
**CONTRALUZ**  
Mezcal  
Cristalino **29.95**  
750 ml. **SAVE \$5.00**



Imported from London  
**BEEFEATER**  
Dry Gin **31.95**  
1.75 ltr. **SAVE \$4.00**



Imported from Mexico  
**CASAMIGOS**  
Tequila  
Blanco **46.95**  
750 ml. **SAVE \$7.00**



Imported from Ireland  
**JAMESON**  
Irish  
Whisky **49.95**  
1.75 ltr. **SAVE \$3.00**



Imported from Scotland  
**THE MACALLAN**  
Single Malt  
Sherry Oak Cask  
12 Years **79.95**  
750 ml. **SAVE \$10.00**

**THOUSAND HILLS™**  
LIFETIME GRAZED®

**100% GRASS FED BEEF**



## WHY CHOOSE THOUSAND HILLS?

### Healthier Beef

Grass fed beef is healthier, dense and contains fewer calories than grain-fed beef. Healthy cows make healthy beef.

### Support Regenerative Agriculture

Thousand Hills seeks to restore and enhance natural resources that are used, rather than deplete them.

### Ethically Sourced

Livestock deserve to live free and healthy lives. Thousand Hills ranchers raise their livestock in humane ways, on grass-filled pastures for their lifetime.

### U.S. Company

Begun in Minnesota and now sourcing cattle from 50 hand-selected, like-minded U.S. family farms across 3 regions, Midwest, Northeast and West.



THOUSAND HILLS  
LIFETIME GRAZED,  
100% GRASS FED BEEF  
Sirloin Cap  
(Picanha)

**12.99<sup>LB</sup>**

**SAVE \$2.00 LB**



THOUSAND HILLS  
LIFETIME GRAZED,  
100% GRASS FED BEEF  
80% Lean  
Ground Beef

1 lb. Pkg.

**7.99**

**SAVE \$2.50**

CORAL GABLES -  
EAST  
DOUGLAS ROAD  
CASCADE TOWER  
3050 SW 37th Avenue  
(786) 673-1236

CORAL GABLES -  
WEST  
BIRD ROAD  
REDBIRD SHOPPING  
CENTER  
5767 SW 40th Street  
(305) 662-1510

COCONUT GROVE  
U.S. 1  
GROVE GATE PLAZA  
2969 SW 32nd Avenue  
(305) 446-4909

PINECREST  
U.S. 1  
PINECREST PLAZA  
11701 S. Dixie Highway  
(786) 350-2200

MIAMI SPRINGS  
ON THE CIRCLE  
80 Curtiss Parkway  
(305) 887-4434

SUNNY ISLES BEACH  
COLLINS AVENUE  
R.K. PLAZA  
17100 Collins Avenue  
(305) 945-1890

**MILAM'S**  
MARKETS

Miami's Family Grocer Since 1984