



EXPERIENCE THE DIFFERENCE
Miami's Family Grocer Since 1984

Find more weekly savings
in store or online:
MILAMSMARKETS.COM



SALE!

Certified Angus Beef® Brand

Certified Angus Beef® was established in 1978 by a group of ranchers as a way to consistently receive a tender and juicy steak. To do this, they developed a brand which only selects the top tiers of USDA-graded cattle, which must be Angus-influenced. Then, the cattle must pass ten quality standards, including medium to fine marbling, to ensure an outstanding flavor, unparalleled tenderness, and natural juiciness. Only three in ten Angus cattle meet the brand's stringent standards.

30% off



USDA CHOICE BEEF RIB, BONE-IN
Rib Steaks
Sale Price \$13.99 LB
SAVE \$6.00 LB



Never treated with antibiotics, no added hormones and no antifouling chemicals. Environmentally conscious and sustainably raised in open waters.

USDC INSPECTED, OCEAN FARM
RAISED FROM THE ANTARCTIC REGION,
FRESH

Salmon Fillet
Sale Price \$13.29 LB
30% off
SAVE \$5.70 LB



Imported from Chile
DIABLO
Dark Red,
Black Cabernet
Sauvignon
or Crystal
Sauvignon Blanc
750 ml.

BOGO
SAVE \$17.99 ON 2



BOAR'S HEAD
Virginia
Ham

9.99 LB
SAVE \$3.30 LB



FRESH
Blueberries
Pint
DRISCOLL'S
Raspberries or
Blackberries
6 oz. Pkg.

3/\$10
SAVE \$4.97 ON 3

YOUR CHOICE!



USDA CHOICE
BEEF LOIN
**Whole Beef
Tenderloin**
In Cryovac Pkg,
Cut to Your
Request Free

19.99 LB
SAVE \$8.00 LB

BETTER QUALITY MEATS - BETTER VALUE!

Certified Angus Beef LLC



THOUSAND HILLS LIFETIME GRAZED, 100% GRASS FED BEEF
Beef Butt Flap Meat
13.99 LB
 SAVE \$3.00 LB



USDA INSPECTED
93% Extra Lean Ground Beef
6.99 LB
 SAVE \$1.70 LB



USDA INSPECTED, PREVIOUSLY FROZEN, IMPORTED FROM DENMARK
Danish Pork Back Ribs
5.99 LB
 SAVE \$2.00 LB



USDA INSPECTED PORK LOIN, FRESH, BONELESS, THICK CUT
Pork Chops
4.99 LB
 SAVE \$1.70 LB



USDA PRIME
Beef Sirloin Cap (Picanha)
 In Cryovac
10.99 LB
 SAVE \$3.00 LB



PLAINVILLE FARMS
 USDA GRADE A, FRESH
94% Lean Ground Turkey
 1 lb. Pkg.
6.99
 SAVE \$2.00

PERFECT FOR MOTHER'S DAY!

Beef tenderloin is the perfect way to show mom how much you care, without spending hours in the kitchen. The tenderloin is one of the most versatile and highly prized of all beef roasts—leaner than most and tender beyond belief.

USDA CHOICE BEEF LOIN

Whole Beef Tenderloin

In Cryovac Pkg, Cut to Your Request Free

19.99 LB
 SAVE \$8.00 LB



USDA PRIME, THIN CUT
Eye Round Steak
7.99 LB
 SAVE \$2.50 LB



BELL AND EVANS
 AIR CHILLED, ALL NATURAL, FRESH
Whole Chicken
3.49 LB
 SAVE 50¢ LB



USDA INSPECTED PREMIUM, FRESH, BONELESS
Chicken Thighs
3.29 LB
 SAVE \$1.00 LB

SUPERIOR SEAFOOD



USDC INSPECTED, FRESH
Corvina Fillet
18.99 LB
SAVE \$5.00 LB



USDC INSPECTED
Swordfish Steak
15.99 LB
SAVE \$3.00 LB



GREAT FOR THE GRILL!
USDC INSPECTED, FRESH
Atlantic Salmon Steak
10.99 LB
SAVE \$3.00 LB



USDC INSPECTED, PREVIOUSLY FROZEN
Tuna Loin Steak
11.99 LB
SAVE \$3.00 LB



USDC INSPECTED, PREVIOUSLY FROZEN
Lobster Tails
4-5 oz. Average Size
7.99 EA
SAVE \$6.00 EA



USDC INSPECTED, PREVIOUSLY FROZEN, EXTRA LARGE
Key West Pink Shrimp
16/20 ct.
14.99 LB
SAVE \$5.00 LB



USDC INSPECTED, PREVIOUSLY FROZEN
Bay Scallops
10.99 LB
SAVE \$3.00 LB

Never treated with antibiotics, no added hormones and no antifouling chemicals. Environmentally conscious and sustainably raised in open waters.

USDC INSPECTED, OCEAN FARM RAISED FROM THE ANTARCTIC REGION, FRESH

Salmon Fillet

Sale Price \$13.29 LB
SAVE \$5.70 LB

30%
off

USDC INSPECTED, PREVIOUSLY FROZEN

King Crab Legs

24.99 LB
SAVE \$5.00 LB



MADE FRESH DAILY BY OUR SUSHI CHEFS



FRESH
Hawaiian Shrimp Roll
9.79
SAVE \$1.00



FRESH
Sunshine Combo A
11.99
SAVE \$1.00

FARM TO TABLE FRESH PRODUCE

BERRY DELICIOUS!

These berries are a recipe for sweetness whenever you have them. They're sweet, juicy, and absolutely perfect for sharing.

FRESH
Blueberries

Pint

DRISCOLL'S
Raspberries or Blackberries

6 oz. Pkg.

3/\$10

SAVE \$4.97 ON 3

YOUR CHOICE!



HOTHOUSE GROWN
Beefsteak Tomatoes

1.99 LB



Mangoes

4/\$5



Navel Oranges

1.69 LB



FARM FRESH
Yellow Corn

3/\$2



Hass Avocados

3/\$5



DOLE GOLDEN RIPE
Cored Pineapple

3.99 EA



Baby Bella Mushrooms

Whole or Sliced, 8 oz. Pkg.

1.99



SWEET
Vidalia Onions

1.49 LB



EUROPEAN
Seedless Cucumbers

1.79 EA



RED OR YELLOW
Gourmet Peppers with Stems

3.29 LB



FRESHLY CHUNKED
Master Melon Mix

3.49 LB



Lemons

2 lb. Pkg.
3.99



GREEN GIANT
Red or Yukon Potatoes

5 lb. Bag
4.99



FRESH EXPRESS
Chopped Salad Kits

Assorted Varieties, 9.4-12 oz.
3.99



VILLAGE FARMS
Heavenly Villagio Marzano Tomatoes

10 oz. Pkg.
3.99

WE CARRY OVER 200 VARIETIES OF ORGANIC PRODUCE!



Hass Avocados
2/\$5



Navel Oranges
1.99_{LB}



Russet Potatoes
5 lb. Bag
4.99



TOMMY ATKINS
Mangoes
2/\$4



Honeycrisp Apples
2.99_{LB}



Fuji or Granny Smith Apples
2.19_{LB}



Yellow Onions
3 lb. Bag
4.99



Lemons
99¢_{EA}



GREEN OR RED
Leaf Lettuce
2/\$5



Carrots
1 lb. Bag
1.29



Kiwi
1 lb. Pkg.
4.99



WILD HARVEST
Valencia Oranges
4 lb. Bag
5.99

BOAR'S HEAD PREMIUM SELECTIONS

A heavenly blend of savory and sweet, Boar's Head Virginia Ham is slow-cooked and coated with a glaze of sugar and sherry wines. Bring home a tender slice that's enveloped in tradition.

Virginia Ham

9.99 LB

SAVE \$3.30 LB



Ovingold Turkey

12.99 LB

SAVE \$2.00 LB



EverRoast Chicken

11.99 LB

SAVE \$2.00 LB



Muenster Cheese

9.99 LB

SAVE \$2.00 LB



FRESH BAKED



FRESHLY BAKED French Baguette

10 oz.

French Parisienne Baguette

11 oz.

2/\$5 SAVE \$1.08 ON 2

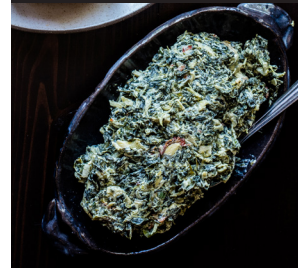


MILAM'S OWN Jumbo Muffins

Assorted Varieties, 4 ct.

4.99 SAVE \$1.00

FRESH FROM OUR KITCHEN



MILAM'S HOMEMADE

Spinach & Artichoke Dip

9.99 LB
SAVE \$2.00 LB



MILAM'S HOMEMADE

Honey Pecan Chicken Salad

9.99 LB
SAVE \$3.00 LB



MILAM'S HOMEMADE

Tuna Salad

9.99 LB
SAVE \$3.00 LB



MILAM'S HOMEMADE

Broccoli Salad

7.99 LB
SAVE \$1.00 LB



MILAM'S HOMEMADE

Seafood Salad

10.99 LB
SAVE \$2.00 LB



MILAM'S HOMEMADE

FRESH BAKED Chicken Wings or Flats Assorted Flavors

7.99 LB
SAVE \$2.00 LB



MILAM'S OWN

FRESHLY FRIED Chicken Tenderloins

7.99 LB
SAVE \$1.00 LB



JENNIE-O Bone-In Turkey Breast

5.99 LB
SAVE \$1.00 LB



EL TORO Old Fashioned Ham

5.99 LB
SAVE \$1.00 LB

SUB OF THE WEEK



MILAM'S OWN

Taste of Italy

12 INCH SUB SANDWICH

7.99 SAVE \$2.00

OVER 1,000 VARIETIES OF WINES AND BUBBLY IN STORE!



Imported from France
VEUVE DU VERNAY
Brut or Brut Rosé
Sparkling Wine
750 ml.

9.55
SAVE \$3.40



Imported from New Zealand
MATUA
Sauvignon Blanc
750 ml.

10.95
SAVE \$4.00



Imported from Italy
MIONETTO
Prosecco or Prosecco
Rosé Sparkling Wine
750 ml.

11.55
SAVE \$5.44



Imported from Jumilla, Spain
JUAN GIL
Red Wine
750 ml.

12.95
SAVE \$3.00



Imported from France
FLEUR DE MER
Cotes de Provence
Rosé 750 ml.

18.55
SAVE \$4.44



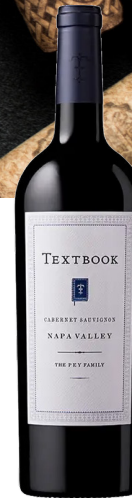
From Napa Valley, California
SILVERADO
MILLER RANCH
Sauvignon Blanc 750 ml.

18.95
SAVE \$7.00



From Carneros, California
ETUDE
Chardonnay
750 ml.

19.95
SAVE \$15.04



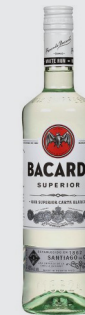
From Paso Robles, California
TEXTBOOK
Cabernet Sauvignon
750 ml.

19.95
SAVE \$15.04



2991 SW 32 AVENUE, COCONUT GROVE, FL 33133
(305) 455-3403

Located next to the Milam's Market & Home Depot of Coconut Grove



Imported from Puerto Rico
BACARDI
Superior
Rum 750 ml.

11.95
SAVE \$2.00



Imported from Latvia
STOLICHNAYA
Vodka 750 ml.

14.95
SAVE \$3.00



Imported from Japan
TOKI
Suntory
Whisky 750 ml.

28.95
SAVE \$3.00



Imported from Mexico
GHOST
Tequila
Blanco 750 ml.

30.95
SAVE \$4.00



Imported from Scotland
HENDRICK'S
Gin 750 ml.

30.95
SAVE \$3.00



Imported from France
COURVOISIER
VSOP
Cognac 750 ml.

49.95
SAVE \$5.00

THE LARGEST SELECTION OF BEERS FROM AROUND THE WORLD!



STELLA ARTOIS
Beer
Assorted Varieties
6/11.2 oz. Bottles or Cans

7.99



YOUR CHOICE!

NOW IN STOCK!
WHITE CLAW OR
SWEETWATER
BREWING CO.
Products
Assorted Varieties,
6/12 oz. Cans

9.99



YOUR CHOICE!

CAYMAN JACK OR
TOPO CHICO
Mixed Drinks
Assorted Varieties,
12/12 oz. Cans

10.99



WE ♥ LOCAL

FROM: MIAMI
MIA BREWING CO.
Beer

Assorted Varieties,
6/12 oz. Cans

9.99

Remember Mom with Flowers

MOTHER'S DAY IS SUNDAY, MAY 12TH

Mother's Day Flower Arrangement

Beautiful Spring flowers in a decorative vase and gift bag with greens and fillers.

39.99

A GREAT GIFT!



Simply Elegant Bouquet
15 Stems
28.99



Mother's Day Tote Bag
6 Stems
21.99



Marguerita Euphorbia Crown Arrangement
14.99

Rose Arrangement

One dozen roses in a decorative vase and gift bag with greens and fillers.

39.99

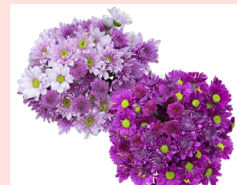
A GREAT GIFT!



Mini Callas
5 Stems
13.99



Mother's Day Orchid Gift
In a 5" Decorative Wrapped Pot
24.99



Mother's Day Pom Bunch
12 Stems
14.99

My Dear Mother Vase Arrangement

49.99



Holiday Hydrangeas
3 Large Blooms
10.99



Hyacinthus
3 Stems
11.99



Gladiolus
10 Stems
13.99



Mother's Day Balloons
Assorted Varieties & Sizes
4.99 AND UP

Joan Milam's Famous Pound Cake

AVAILABLE TO PURCHASE AT ALL MILAM'S MARKETS!

IN THE BAKERY



This recipe, a beloved creation of our grandmother/mother, Joan, has been a highlight at our family gatherings for decades, including our annual reunions and holiday celebrations. Her deliciously light and buttery dessert was always accompanied by a slow-melting scoop of vanilla ice cream and happy tunes played on the piano by Joan.



Partnering with Edda's Cakes, another local family business, we are excited to bring Joan Milam's Famous Pound Cake to all Milam's Markets locations so that you can enjoy it with your own family.

5.99 SAVE \$1.00

15.2 oz.



Visit our bakery section and look for the purple label adorned with white daisies—a tribute to Joan's love for flowers, particularly daisies, and her fondness for the color purple.

CORAL GABLES - EAST
DOUGLAS ROAD
CASCADE TOWER
3050 SW 37th Avenue
(786) 673-1236

CORAL GABLES - WEST
BIRD ROAD
REDBIRD SHOPPING CENTER
5767 SW 40th Street
(305) 662-1510

COCONUT GROVE
U.S. 1
GROVE GATE PLAZA
2969 SW 32nd Avenue
(305) 446-4909

PINECREST
U.S. 1
PINECREST PLAZA
11701 S. Dixie Highway
(786) 350-2200

MIAMI SPRINGS
ON THE CIRCLE
80 Curtiss Parkway
(305) 887-4434

SUNNY ISLES BEACH
COLLINS AVENUE
R.K. PLAZA
17100 Collins Avenue
(305) 945-1890

MILAM'S
MARKETS

Miami's Family Grocer Since 1984